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SIZZLING

FLEX AND THE CITY

Female bodybuilders recreate our favorite SATC scenes. Check out heavy.com.

GOING VEGAN

Oprah is taking part in a 21-day vegan detox! Check oprah.com for recipes and O's blog updates.



BIRD CALLS

Sarah Jessica Parker impersonated a bird on the *Late Show With David Letterman* while *The Bachelorette*'s Chandler Fulton tried to impress with a duck call.